



New Swimmer Info Form

Please fill out and submit ASAP!

Date: _____

WELCOME! We need the following information filled out for our records. The information you supply is kept only for the purpose of Swim Ottawa (SWOTT) and will not be used for any other purpose. Please complete the following:

Personal Information

Swimmer's Name: _____ Birth date (MM/DD/YY): _____

Swimmer has completed at least (check the most recent level successfully completed):

- Swimmer 3 or equivalent Swimmer 5 or equivalent Other _____
 Swimmer 4 or equivalent Swimmer 6 or equivalent Returning Swim Ottawa member

Suggested swim level:

- Minnows Guppies Whales Youth Comp Level (circle): Senior A, Senior B, Junior A, Junior B, Developmental

Minnows: Must be able to do 25 meters of front crawl and backstroke. **Guppies:** Must be able to do 50 meters (two lengths) of continuous front crawl with no halting, 25 meters of backstroke, and breaststroke with whip kick. **Whales:** 150 meters (6 lengths) continuous using a mixture of front crawl, backstroke, and breaststroke AND swim 50 meters freestyle in 75 seconds or faster. **Youth:** 1000m FR/BK/BR in one hour.

Street Address: _____

Postal Code: _____

Home number: _____ Cell number: _____

*Family email address: _____ *important as this is our main contact method

Secondary email: _____

What is the best way to contact you for practice or event changes within 24 hours? Email Home phone Cell phone

Mother's name: _____ Father's name: _____

Mother/Father's address if different than above: _____

Who is to receive Child Fitness Tax Credit?: Mother Father

Swimming Information

Does the swimmer suffer from any physical conditions or allergies that we should know about? (For example, asthma, requires puffers; diabetic, requires a liquid or snack break during the workout)

Would the swimmer be interested in competing in (check all that apply):

- Local fun meets Regional Entry level meets Regional Competitive meets Not sure

Parents of the swimmer interested in volunteering for:

- Coaching Administrative Swim meets (timer, food preparation)

How did you hear about the Gefilte Fish Swim Club?

- Current Swim Ottawa member Word of mouth Advertisement/flyer Other _____

Thank you for your time!

www.swimottawa.com/swott

<p>EVALUATION NOTES (Swim Ottawa use only)</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>_____</p> <p>Recommended level: _____</p>
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